

MAY 2008 MONTHLY G.R.A.C.E. SESSION
CATECHETICAL AREA: PRAYER AND SPIRITUALITY
SPECIFIC CATECHETICAL FOCUS: KEEP THE FIRES BURNING: WHAT
DO WE PUT INTO PRAYER?
UPCOMING EVENT FOCUSING ON: CELEBRATING THE FEAST OF
PENTECOST

SUMMARY OF THEME:

- 1) Prayer is the glue of our personal relationship with God, God's people, and all of creation.
- 2) Prayer can become routine and under-appreciated, if we do not look at how we are praying.
- 3) There are many ways to pray. We will look at three: a) praying the psalms; b) centering prayer; c) intercessory prayer.

TIMELINE:

6:00-6:25: Meal and table activity

6:25-6:40: Opening skit="Penelope" with puppets, in center of room

6:45-7:05: Session #1: divided between Intercessory Prayer and Centering Prayer

Prayer Bags: as families/individuals move into the following sessions, they will take with them their "prayer bags". In the intercessory session they will receive a muslin prayer cloth on which they will write the names of people they will intercede for in prayer, then place it in their bag. In the centering sessions they will receive a candle and candle holder to be placed in the bag. In the psalm session they will receive prayer stickers to be placed on the outside of their bag with words and phrases such as "give thanks", "alleluia", "music is prayer", etc.

7:10-7:35: All move into the church for session on psalms

7:45-8:05: Split back into two groups and go to the session they have not yet attended.

8:10-8:45: all move outdoors to the pavilion for an outdoor concert that includes lively Spirit-centered music, some that uses gestures and involves the children, some from the folk group on their own.