

SEASONAL TABLE CARDS

The parish uses table cards on a regular basis to both encourage prayer in one's home and to help parish members share some common practices of prayer, no matter our schedules.

To use:

- Print out page two of this document.
- Fold the page in half so that the prayer is on one side and the reflection on the other.
- Place the card on the table where you eat or another conspicuous spot and use it as your prayer before meals or as a night prayer.

Let us pray:
Lord, by the light of the Holy Spirit
you have taught the hearts of your faithful.
In the same Spirit help us to relish what is right
and always rejoice in your consolation.
We ask this through Christ our Lord. Amen.



Prayer to the Holy Spirit
Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you will renew the face of the earth.

September 2009

Acts 1:8

“You will receive power
when the Holy Spirit comes down on you;
then you are to be my witnesses...
to the ends of the earth.”

