

G.R.A.C.E.

Growing and Responding As Catholics Everyday

Topic For January:
Trinity

“Just as grace is given from the Father through the Son, so there could be no communication of the gift to us except in the Holy Spirit. But when we share in the Spirit, we possess the love of the Father, the grace of the Son and the fellowship of the Spirit himself” ~ St. Athanasius

In the name
of the
Father, and
of the Son,
and of the
Holy Spirit.
Amen.



God, we praise you: Father all powerful, Christ Lord and Savior, Spirit of Love. You reveal yourself in the depths of our being, drawing us to share in your life and your love. One God, three persons, be need to the people formed in your image, close to the world your love brings to life. We ask you this, Father, Son, and Holy Spirit, one God, true and living, for ever and ever.
~ Catholic Collect for Trinity Sunday

The mystery of the
Most Holy Trinity is
the central mystery
of Christian faith
and life.
~ CCC 234

From every mouth, let praise rise up to you, Father, Son, and Holy Spirit. On the heights and in the depths, let there be praise to the Holy Trinity, on earth and in heaven, from the beginning to the end of time, world without end. Amen.
~ From Saint Symeon

Christians are baptized “in the name of the Father, and of the Son and of the Holy Spirit. Before receiving the sacrament, they respond to a 3 part question when asked to confess the Father, the Son, and the Spirit: “I do.” The faith of all Christians rests on the Trinity.
~ CCC 232

God in His fullness has always existed. The Father, the Son, the Holy Spirit are not created beings. In the creation story found in Genesis, chapter one, God the Father is seen as the architect, but all three Persons of God are working together. The Spirit is “moving over the face of the waters” (verse 2). Later in the Bible, John tells us that the Son also existed from before creation. John refers to Jesus as “the Word” who becomes human to live among us. Jesus was with God, was God, and participated in making all things (see John 1:1,3,14).

We see the union within the Trinity in many ways. Our Father showed His love for us most strongly by sending Jesus His only Son. Why? Jesus came to save us, once and for all, by bringing us back to God; He also came so we could truly know God; Jesus, as human, became our model of holiness and gave us the privilege of being like God.

This union continues when Jesus promises the Holy Spirit to His disciples (John 14:26). St. Paul asks us, “Do you not know you are the temple of God and that the Spirit of God lives within you?” (1 Cor 3:16). At Pentecost (Acts 2), the Holy Spirit, looking like fiery tongues, came to Jesus’ disciples. This gave them the courage to talk about Jesus. His life, death, and resurrection, and to proclaim Him as the Son of God.

~ from *Catholic Parent Knowhow*

